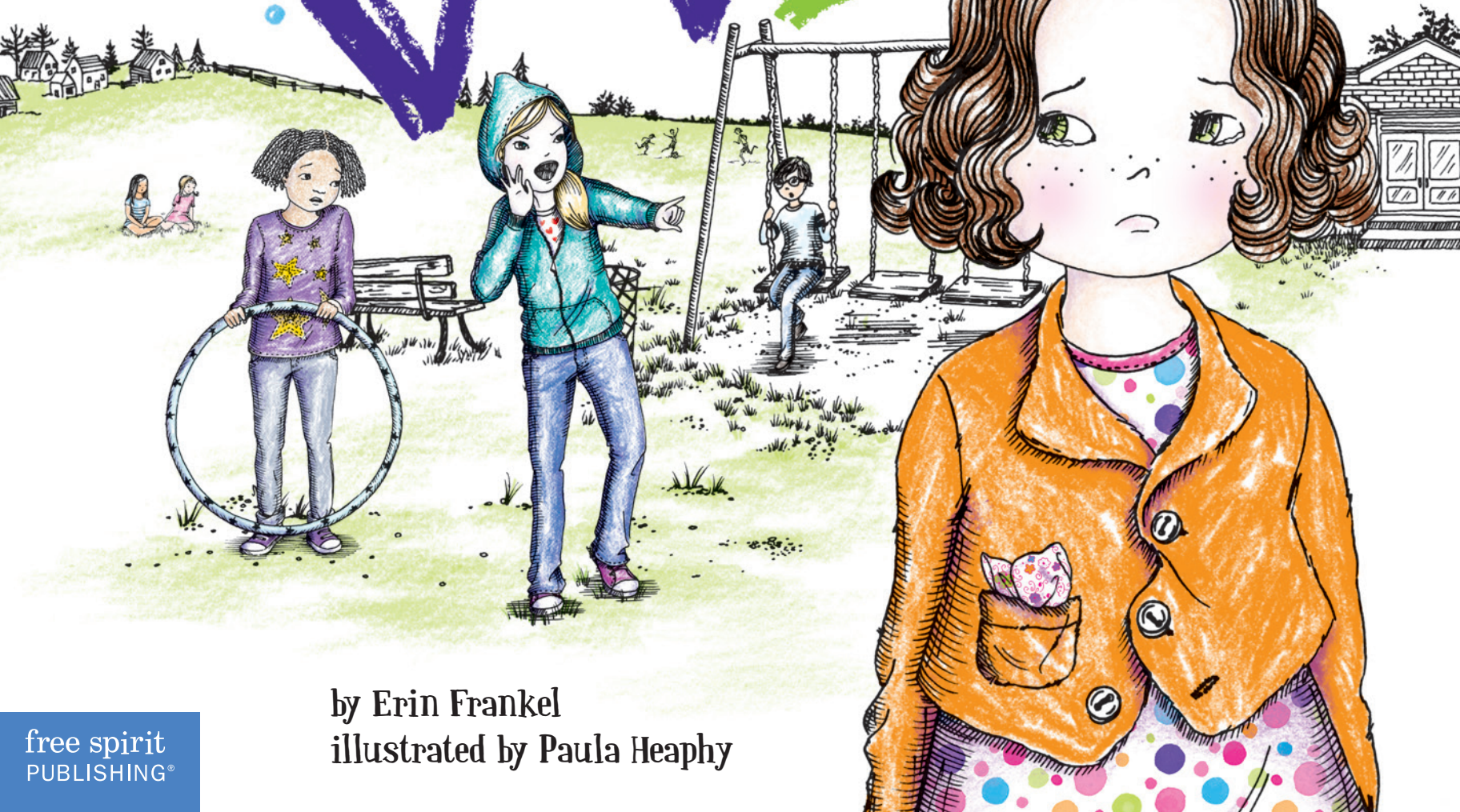


# WELCOME!



by Erin Frankel  
illustrated by Paula Heaphy

# WWEIRD!

A Story About Dealing  
with Bullying in Schools

by Erin Frankel

illustrated by Paula Heaphy

free spirit  
PUBLISHING® 



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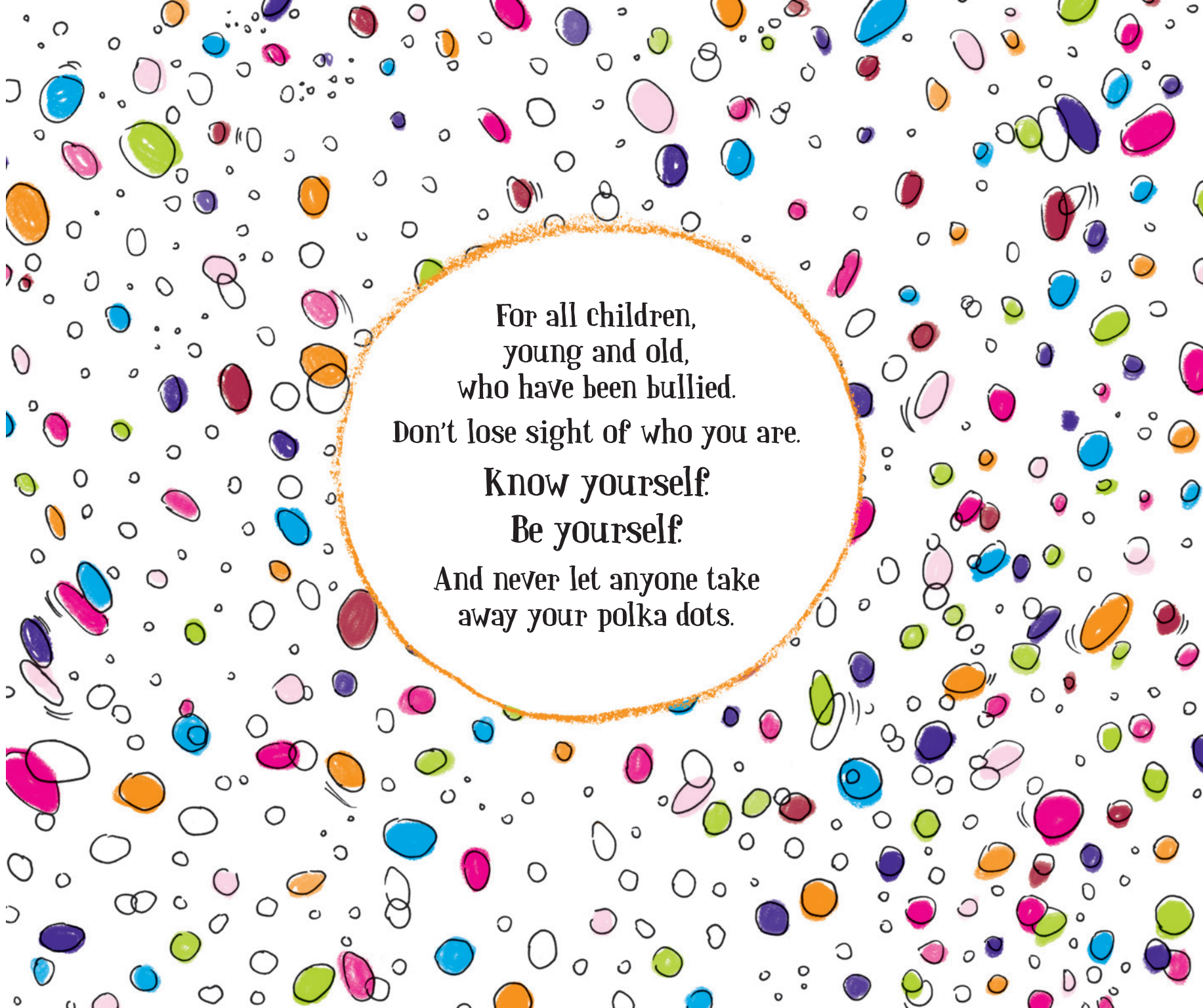
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For all children,  
young and old,  
who have been bullied.  
Don't lose sight of who you are.  
Know yourself.  
Be yourself.  
And never let anyone take  
away your polka dots.

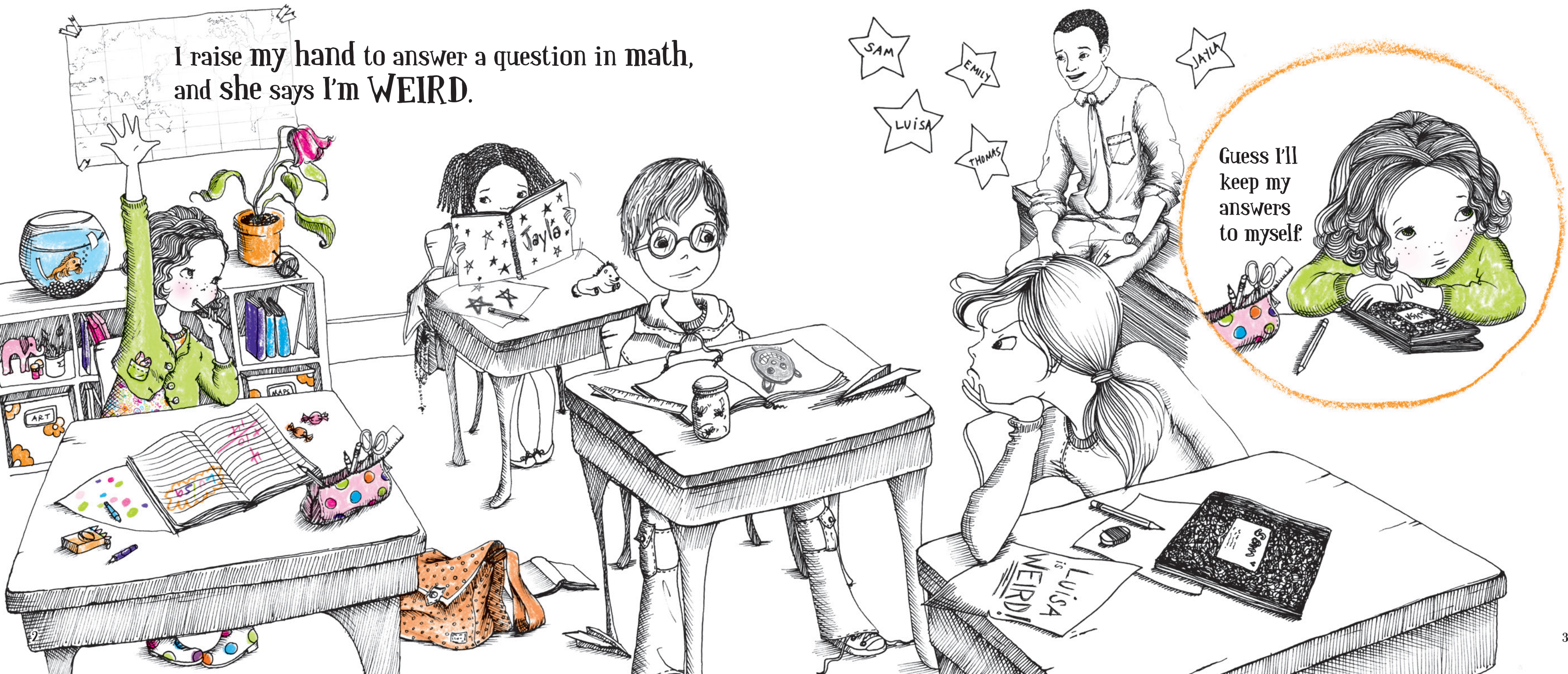


Hi. My name is Luisa and I have a problem.

There is a girl in my class named Sam who thinks that everything I do is

**WEIRD!**

I raise my hand to answer a question in math,  
and she says I'm WEIRD.



Guess I'll  
keep my  
answers  
to myself.

Luisa  
is  
WEIRD!

## Confidence Club: Recycle Your Thoughts

Help me recycle my negative thoughts into positive ones. It's easier than you think!

1. Cut out eight circles from a sheet of paper. These are your polka dots.
2. Find four of my negative thoughts in the book and write them on four of the polka dots.
3. For each negative thought, think of a positive thought to write on the other four polka dots. Then, color and decorate the *positive* polka dots.
4. Now, crinkle up the negative polka dots and toss them in the recycling bin.
5. Let's put my recycled thoughts to good use! Decorate your room with the positive polka dots. Make a mobile or a card for someone.

Next, try recycling your *own* negative thoughts into positive thoughts. With a little practice, you'll be thinking positively in no time!



## Confidence Club: Step in the Right Direction

At first, I was nervous about putting my polka dot boots back on. I wondered what Sam would say when I walked by her. But when I focused on walking *away* from Sam and *toward* people who care about me, it wasn't as hard to step in the right direction!

You never know when someone might need *your* help to step in the right direction. Why not make your own poster to show you care?

1. Write "Step in the Right Direction" at the top of a poster board.
2. Trace each of your feet twice on the poster board. Draw a picture of yourself next to the last footprint.
3. Write, draw, or paste caring messages inside your footprints. You can use some of the caring messages I got in this book if you'd like.
4. Give the poster to a friend to show her or him how to step *away* from someone who is being mean and *toward* someone who cares—you!



Can you think of more fun activities we can do in our Confidence Club? Share them with your classmates and friends.

